

## Summer Camp 2013 Report

Judo Ireland's Summer School of Judo went very well. It was held at Galway Lawn Tennis Club from 1<sup>st</sup> to 5<sup>th</sup> July. From the West of Ireland, a good number of young players attended. Players from Annaghdown Judo Club and Ennis Judo Club had a good number of players. The Galway Judo Club had the greater number.

The children were on the mat from 9.30am -1pm each day and teenagers in the afternoon from 2pm to 4pm. In the evenings, the adults were on.

The three coaches, Lisa Bradley, Jim Toland and Stephen McCluskey, all from Northern Ireland, have come to know our players very well. In addition, as such there was a very friendly atmosphere throughout the week. The coaches also undertook to teach our local coaches how to improve their coaching skills. These were very interesting sessions that were of great benefit to our young coaches. At the end of the week, John Creaven held a Junior Grading for those who wished to upgrade.

The benefits of the camp will become obvious in the years ahead. Along with such camps, squad training and overseas events, our young players are getting a good mix of training and tournaments, which Judo Ireland are emphasising. When young players got the best coaches available while they are young, you will have good dynamic Senior Judo in years to come. A sincere thanks to Galway Judo Club, for hosting the event once more. Plans are already in place for 2014 Summer School of Judo