

Judo Ireland

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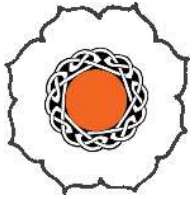


22nd International Summer School of Judo

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Judo Ireland International Summer School of Judo

Venue: Galway Lawn Tennis Club, Salthill, Galway

Dates: Monday June 30th to Friday July 4th, inclusive

Cost: >16 years: €60 Seniors: €80 (if paid before May 1st)

There will be a late entry fee if paid after May 1st

Coaches- Jim Toland, Stephen McCluskey, Lisa Bradley,
Northern Ireland,

Summer School Director; John Creaven, 2nd Dan

There will be 3 classes each day:

<12 years :9.30 am to 1pm, >12 and <18: 2pm to 3.30pm,

Adults :7pm-9pm Tues, Wed, Thurs. Teenagers may attend this class

To book your place, please complete entry form & send deposit of €20
(payable to Judo Ireland) to

John Creaven 2nd Dan, Summer School Director,
33, Grattan Park, Salthill, Galway

Name: _____ Age: _____ Grade: _____

Address: _____

Contact No: _____

Email: _____

Club: _____

Medical Conditions: _____

Parent Signature: _____ Date: _____

Biography of Coaches

Jim Toland has dedicated to developing all aspects of his judo career for over 40 years, including representing UK at commonwealth level; coaching players to elite level; developing & implementing coaching policy; & has completed a Foundation degree in Sports Performance followed by a full degree in Sports performance. He has just recently stepped down as Northern Ireland National Coach after 20 years as a volunteer & has been a national A referee for at least 6 years & refereed at many events in GB & Ireland during this time including finals at the British Open & Irish open International to name a few. Just recently Competed at the Commonwealth Judo Championships in Cardiff winning a bronze Medal in the Masters division, & then refereed at the same event for two days. There are 14 Judo clubs registered with the BJA in his area & his main focus is on producing future judo talent & has in the past produced players who have won medals at British junior & senior championship as well as having players on the British squads. He produced junior, Senior & masters medalists at many Events throughout Great Britain including commonwealth tournaments & also medalists at commonwealth games including a silver medalist in Manchester 2002. Personally he has won three commonwealth medals & won the world masters 3 times.

Stephen McCluskey: holds 2nd Dan Black belt & has achieved BJA level 2 Club Coach Award, as well as a UK CC Level 2 coaching qualification. He has coached in many primary schools across Belfast under the Youth Sport Scheme & has coached the Co. Antrim Regional Development squad also. He coached for Belfast City Council in the Yamakwai Judo club for a period of 5 years, & in his role as junior club coach, has helped produce the greatest haul of All Ireland medals for one club in the season 2005-2006. Currently, he is head coach of 'The Judo Academy'. He manages and coaches Judo Academies across the Greater Belfast & Antrim areas He coaches judo to in excess of 200 students every week, at all age bands. In the last 2 years, He's been working in conjunction with the National Coach in delivering the requirements of the Sport England/BJA Hajime/Matte model to the NI squad. On this project, he worked closely with the BJA team of Jamie Johnson & Trevor Sitlington to deliver this to all NI coaches and squads. He also worked with the National Coach, Sport Ni, SINI & consultancy company 'Performance Impact' on the submission of the NI squad performance plan. On an individual basis, He works on athlete profiles, training diaries, volumes & capacities of training, BJA Judo fitness testing (Nigel Donohue) and anti doping education. He is a keen advocate of the TGS, Balyi's LTAD framework for Judo, Sport England's Hajime/Matte model for 'building a fight' & the new 'judo plus' sixteen block strategy laid out by Daniel Lascau, as new BJA Performance Director. He believes that these theories are interconnected, progressive & achievable. They should be promoted & developed through clubs & coach education & show the way forward for Judo in N.Ireland.

Lisa Bradley: 3rd Dan black belt (BJA) 2002 commonwealth games silver medalist. She has represented Ireland at world student games/championship, top result 7th place. She is Twice world master athlete champion, Commonwealth masters champion and three time senior commonwealth tournament medalist.

Held various UK and Ireland senior titles including Irish Open, NI open, Scottish Open, Welsh open, heart of England open, north of England open, British universities, Irish universities,

John Creaven: John started Judo in 1967 and is a lifelong member of Galway Judo Club. He has studied Judo at the Budokwai, London and in Holland. He has been chief instructor with GJC for the past 25 years and is a 2nd Dan and NCTC qualified tutor. He has also coached abroad in mainland Europe, was coach to U.C.G. and founded the R.T.C. Judo club.

As well as supporting the establishment of other Judo clubs in the West of Ireland, he has been the tournament director of both the Galway Open (since 1975) and the West of Ireland Youth Championships since 2004. Also Director since 1992 of the Galway International Summer School of Judo.

